217/Nut. 22-23 / 22311

B.Sc. Semester-II Examination, 2022-23 NUTRITION [Honours]

Course ID: 22311 Course Code: SH/NUT/201/C-3

Course Title: Food Science and Basic Nutrition II

Time: 1 Hour 15 Minutes Full Marks: 25

The figures in the right-hand margin indicate marks.

Candidates are required to give their answers in their own words as far as practicable.

UNIT-I

1. Answer any **five** of the following questions:

 $1 \times 5 = 5$

- a) What is the relationship between sunlight and vitamin D?
- b) Give example of two antioxidant minerals.
- c) Which vitamin deficiency results in Casal necklace?
- d) What do you mean by interstitial fluid?
- e) Write the full form of FAD and FMN.
- f) What do you mean by pseudo vitamin?
- g) Define the term koilonychia.
- h) State the RDA of folic acid and iron during pregnancy period.

UNIT-II

2. Answer any **two** of the following questions: $5\times2=10$

a) What are the vitamers of vitamin B6? Explain the role of PLP in protein metabolism. 2+3

b) Discuss how iron is absorbed in human body?

5

c) State the role of vitamin K in blood coagulation. Give a brief idea about vitamin K cycle. 3+2

d) Give example of some selenium rich foods.

Discuss the synergistic function of Selenium with Vitamin E. What is keshan disease?

2+2+1

UNIT-III

3. Answer any **one** of the following questions:

 $10 \times 1 = 10$

a) Distinguish between ECF and ICF. Explain the regulation of water balance in human body. Write the symptoms of water intoxication.

2+5+3

b) Discuss the versatile function of ascorbic acid. State the deficiency symptoms of vitamin C in adults. Give four rich sources of vitamin C.

5+3+2